Year 1 Summer 1

Who helps us to keep safe?

Theme: Health and wellbeing

Keeping safe; people who help us

| PoS Core theme 1 Health and wellbeing | Core theme 2 Relationships | Core theme 3 Living in the wider world |
|--|---|---|
| Keeping safe H33. about the people whose job it is to help keep us safe H35. about what to do if there is an accident and someone is hurt H36. how to get help in an emergency (how to dial 999 and what to say) | Safer relationships R15. how to respond safely to adults they don't know R20. what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard | Communities L5. about the different roles and responsibilities people have in their community |

Prior Learning:

EYFS

End points :-

- •that people have different roles in the community to help them (and others) keep safe the jobs they do and how they help people
- •who can help them in different places and situations; how to attract someone's attention or ask for help; what to say
- •how to respond safely to adults they don't know
- •what to do if they feel unsafe or worried for themselves or others; and the importance of keeping on asking for support until they are heard
- •how to get help if there is an accident and someone is hurt, including how to dial 999 in an emergency and what to say

Key vocabulary

Emergency emergency services

Roles

Community

Permission

Consent

honesty

Relationship Education - graduated age appropriate programme links

Relationship

Respectful relationships

Importance of permission seeking and giving in relationships with friends, peers and adults

On Line Relationships

How to critically consider their online friendships and sources of information including awareness of risks associated with people they have never met

Being safe

How to respond safely and appropriately to adults they may encounter – including on line, that they do not know

How to recognise and report feelings of being unsafe or feeling bad about any adult

How to ask for advice or help for themselves or others, and how to keep trying until they are heard

How to report concerns about abuse, and the vocabulary and confidence needed to do so

Where to get advice – school, family, NSPCC

Physical health and mental wellbeing: Primary

Basic first aid

Pupils should know

How to make a clear and efficient call to emergency services

Concepts of basic first aid, for example dealing with common injuries, including head injuries

| Citizenship | Character Education – | British values | Careers Curriculum |
|-------------|------------------------|-------------------------|--------------------|
| | Penketh Powers | Rule of Law | |
| | Resilience | Tolerance and respect | |
| | Responsibility | Democracy | |
| | Respectfulness | In alicial cal Libourte | |
| | Kindness: | Individual Liberty | |
| | Penketh School | | |
| | expectations | | |
| | Listen, | | |
| | Do as asked | | |
| | Work well with others | | |
| | Be the best you can be | | |

Spiritual

about their own beliefs (religious or otherwise) and perspective on life knowledge of, and respect for, different people's faiths, feelings and values sense of enjoyment and fascination in learning about themselves, others and the world around

ability to be reflective

use of imagination and creativity in their learning

them

willingness to reflect on their experiences

Moral

ability to recognise the difference between right and wrong and to readily apply this understanding in their own lives, recognise legal boundaries and, in so doing, respect the civil and criminal law of England

understanding of the consequences of their behaviour and actions

interest in investigating and offering reasoned views about moral and ethical issues and ability to understand and appreciate the viewpoints of others on these issues

Social

use of a range of social skills in different contexts, for example working and socialising with other pupils, from different religious, ethnic and socioeconomic backgrounds

willingness to
participate in a variety
of communities and
social settings,
including by
volunteering,
cooperating well with
others and being able
to resolve conflicts
effectively

acceptance and engagement with the fundamental British values

Cultural

understanding and appreciate the range of cultural influences that have shaped their own heritage and that of others

understanding and

appreciate the range of different cultures as an essential element of their preparation for life in modern Britain ability to recognise, and value, the things we share in common across cultural, religious, ethnic and socio-economic communities

knowledge of Britain's democratic parliamentary system and its role in shaping history and values, and continuing to develop

willingness to participate positively to artistic, musical, sporting and cultural opportunities

interest in exploring, improving understanding and respect for different faiths and cultural diversity and to understand, accept and respect diversity.

Sequence of lesson to follow Lesson Plans and resources DfE approved

Y1 Summer 1 Who helps us to keep safe?

Email: penketh.head@wpat.uk

Password: penketh22!

https://pshe-association.org.uk/ hcms/mem/login?hsLang=en

Build your programme (pshe-association.org.uk)

PSHE Association power points, resources linked to topic – click on the purple links to download

NB: You will need to be logged in to the PSHE Association to access

| Summer 1 | Health and wellbeing | that people have different roles in the community to help them | 1 decision - Keeping/staying safe (£) | |
|----------------|---------------------------------------|--|---|--|
| Who helps to | Keeping safe; people who help us | (and others) keep safe - the jobs they do and how they help | FRA Consider we with Manning and Tour (C) | |
| keep us safe? | | people | FPA – Growing up with Yasmine and Tom (£) | |
| Reep as saire. | | who can help them in different places and situations; how to | PSHE Association - Keeping safe at home | |
| | PoS refs: H33, H35, H36, R15, R20, L5 | attract someone's attention or ask for help; what to say | | |
| | | how to respond safely to adults they don't know | The Rez | |
| | | what to do if they feel unsafe or worried for themselves or | | |
| | | others; and the importance of keeping on asking for support | | |
| | | until they are heard | | |
| | | how to get help if there is an accident and someone is hurt, including how to dial 999 in an emergency and what to say | | |