

<b>Year 2 Autumn 1</b> What makes a good friend?  <b>Theme :Relationships</b> Friendship; feeling lonely; managing arguments		
<b>PoS Core theme 1</b> <b>Health and wellbeing</b>	<b>Core theme 2</b> <b>Relationships</b>	<b>Core theme 3</b> <b>Living in the wider world</b>
	<b>Friendships</b> <b>R6.</b> about how people make friends and what makes a good friendship <b>R7.</b> about how to recognise when they or someone else feels lonely and what to do <b>R8.</b> simple strategies to resolve arguments between friends positively <b>R9.</b> how to ask for help if a friendship is making them feel unhappy <b>Respecting self and other</b> <b>R25.</b> how to talk about and share their opinions on things that matter to them	
<b>Prior Learning:</b> Year 1 Summer 2- How can we look after each other and the world Year 1 Autumn 2 Who is special to us		
<b>End points :-</b> <ul style="list-style-type: none"> <li>• how to make friends with others</li> <li>• how to recognise when they feel lonely and what they could do about it</li> <li>• how people behave when they are being friendly and what makes a good friend</li> <li>• Characteristics of friendships               <ul style="list-style-type: none"> <li>-Mutual respect</li> <li>-Truthfulness</li> <li>-Trustworthiness</li> <li>-Loyalty</li> <li>-Kindness</li> <li>-Generosity</li> <li>-Trust</li> </ul> </li> <li>• Sharing interests and experiences</li> <li>• Support with problems and difficulties</li> <li>• how to resolve arguments that can occur in friendships – most friendships have ups and downs</li> <li>• how to ask for help if a friendship is making them unhappy</li> <li>•</li> </ul>		

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**Relationship Education – graduated age appropriate programme links**

	Relationship
	<b>Caring friendships</b>
	How important friendships are in making us feel happy, secure, How people make and choose friends
	Characteristics of friendships <ul style="list-style-type: none"> <li>○ Mutual respect</li> <li>○ Truthfulness</li> <li>○ Trustworthiness</li> <li>○ Loyalty</li> <li>○ Kindness</li> <li>○ Generosity</li> <li>○ Trust</li> <li>○ Sharing interests and experiences</li> <li>○ Support with problems and difficulties</li> </ul>
	Healthy FRIENDSHIPS are positive and welcoming towards others AND do not make others feel lonely or excluded
	Most friendships have ups and downs, these can be worked through so friendships can be repaired or even strengthened, and that resorting to violence is never right
	How to recognise who to trust and not trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict and , how to manage these situations and how to seek help or advice from others, if needed
	<b>Respectful relationships</b>

	Practical steps they can take in a range of different contexts to improve or support respectful relationships
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### Physical health and mental well being : Primary

Mental well being
Isolation and loneliness can affect children and important for children to talk to adults about this and get support

Citizenship	Character Education –	British values	Careers Curriculum
	Beamont core values Aspiration Belonging Compassion Respect	Rule of Law Tolerance and respect Democracy Individual Liberty Protected Characteristics Equality Act	

Spiritual	Moral	Social	Cultural
ability to be reflective about their own beliefs (religious or otherwise) and perspective on life knowledge of, and respect for, different people's faiths, feelings and values sense of enjoyment and fascination in learning about themselves, others and the world around	ability to recognise the difference between right and wrong and to readily apply this understanding in their own lives, recognise legal boundaries and, in so doing, respect the civil and criminal law of England understanding of the consequences of their behaviour and actions interest in	use of a range of social skills in different contexts, for example working and socialising with other pupils, from different religious, ethnic and socio-economic backgrounds willingness to participate in a variety of communities and social settings, including by volunteering,	understanding and appreciate the range of cultural influences that have shaped their own heritage and that of others understanding and appreciate the range of different cultures as an essential element of their preparation for life in modern Britain ability to recognise, and value, the things

<p>them</p> <p>use of imagination and creativity in their learning</p> <p>willingness to reflect on their experiences</p>	<p>investigating and offering reasoned views about moral and ethical issues and ability to understand and appreciate the viewpoints of others on these issues</p>	<p>cooperating well with others and being able to resolve conflicts effectively</p> <p>acceptance and engagement with the fundamental British values</p>	<p>we share in common across cultural, religious, ethnic and socio-economic communities</p> <p>knowledge of Britain's democratic parliamentary system and its role in shaping history and values, and continuing to develop</p> <p>willingness to participate positively to artistic, musical, sporting and cultural opportunities</p> <p>interest in exploring, improving understanding and respect for different faiths and cultural diversity and to understand, accept and respect diversity.</p>
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### Sequence of lesson to follow

Lesson Plans and resources DfE approved

<https://pshe-association.org.uk/hcms/mem/login?hsLang=en>

[Build your programme \(pshe-association.org.uk\)](https://pshe-association.org.uk)

*PSHE Association power points, resources linked to topic – click on the purple links to download*

*NB: You will need to be logged in to the PSHE Association to access*

## Y2 Autumn 1 What makes a good friend?

Autumn 1 What makes a good friend?	Relationships Friendship; feeling lonely; managing arguments  PoS refs: R6, R7, R8, R9, R25	<ul style="list-style-type: none"> <li>• how to make friends with others</li> <li>• how to recognise when they feel lonely and what they could do about it</li> <li>• how people behave when they are being friendly and what makes a good friend</li> <li>• how to resolve arguments that can occur in friendships</li> <li>• how to ask for help if a friendship is making them unhappy</li> </ul>	<a href="#">FPA - Growing up with Yasmine and Tom (E)</a>
Autumn 2	Relationships	<ul style="list-style-type: none"> <li>• how words and actions can affect how people feel</li> </ul>	<a href="#">1 decision - Relationships (F)</a>