Year 5 Autumn 1

What makes up a person's identity?

Theme: Health and wellbeing

Identity, personal attributes and qualities; similarities and differences; individuality; stereotypes

PoS Core theme 1 Health and wellbeing	Core theme 2 Relationships	Core theme 3 Living in the wider world
Ourselves growing and changing H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes) H26. that for some people gender identity does not correspond with their biological sex H27. to recognise their individuality and personal qualities	Safer relationships R23. about why someone may behave differently online, including pretending to be someone they are not; strategies for recognising risks, harmful content and contact; how to report concerns Respecting self and other R32. about respecting the differences and similarities between people and recognising what they have in	Communities L9. about stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes
	common with others e.g. physically, in personality or background	

Prior Learning:

Y4 Autumn 1 What strengths, skills and interests do we have?

End points :-

- how to recognise and respect similarities and differences between people and what they have in common with others
- that there are a range of factors that contribute to a person's identity (e.g. ethnicity, family, faith, culture, gender, hobbies, likes/dislikes)
- how individuality and personal qualities make up someone's identity (including that gender identity is part of personal identity and for some people does not correspond with their biological sex)
- about stereotypes and how they are not always accurate, and can negatively influence behaviours and attitudes towards others
- how to challenge stereotypes and assumptions about others

Key vocabulary

Ethnicity, faith, culture, gender, individuality, stereotypes, assumptions

Relationship education, relationships and Sex education RSE and Health education statutory guidance

https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education



Relationship Education – graduated age appropriate programme links

Relationship Respectful relationships

Pupils should know

Importance of respecting others, even when they are very different from them – physically, character, personality, backgrounds, make different choices or have different preferences or beliefs

What a stereotype is, and how stereotypes can be unfair, negative or destructive

Citizenship	Character Education –	British values	Careers Curriculum
		Rule of Law	
	Beamont core values		
	Aspiration	Tolerance and respect	
	Belonging		
	Compassion	Democracy	
	Respect	Individual Liberty	
		Protected Characteristics Equality Act	

Spiritual	Moral	Social	Cultural
ability to be reflective about their own beliefs (religious or otherwise) and	ability to recognise the difference between right and wrong and to readily apply this	use of a range of social skills in different contexts, for example working and socialising	understanding and appreciate the range of cultural influences that have shaped their own
perspective on life	understanding in their	with other pupils, from	heritage and that of
knowledge of, and respect for, different	own lives, recognise legal boundaries and,	different religious, ethnic and socio-	others understanding and
people's faiths,	in so doing, respect the	economic backgrounds	appreciate the range of
feelings and values	civil and criminal law of England	willingness to participate in a variety	different cultures as an essential element of

sense of enjoyment understanding of the of communities and their preparation for and fascination in consequences of their social settings, life in modern Britain behaviour and actions learning about including by ability to recognise, themselves, others volunteering, interest in and value, the things and the world around cooperating well with we share in common investigating and them others and being able offering reasoned across cultural, to resolve conflicts use of imagination and views about moral and religious, ethnic and effectively creativity in their ethical issues and socio-economic learning ability to understand acceptance and communities and appreciate the engagement with the willingness to reflect knowledge of Britain's viewpoints of others on fundamental British on their experiences democratic these issues values parliamentary system and its role in shaping history and values, and continuing to develop willingness to participate positively to artistic, musical, sporting and cultural opportunities interest in exploring, improving understanding and respect for different faiths and cultural diversity and to understand, accept and respect diversity.

PSHE Association power points, resources linked to topic – click on the purple links to download

NB: You will need to be logged in to the PSHE Association to access resources

Y5 Autumn 1 What makes up a person's identity?

Autumn 1 What makes up our identity?	Health and wellbeing Identity; personal attributes and qualities; similarities and differences; individuality; stereotypes	how to recognise and respect similarities and differences between people and what they have in common with others that there are a range of factors that contribute to a person's identity (e.g. ethnicity, family, faith, culture, gender, hobbies, likes/dislikes)	PSHE Association - Inclusion, belonging and addressing extremism Premier League Primary Stars - Developing values
	PoS refs: H25, H26, H27, R32, L9	 how individuality and personal qualities make up someone's identity (including that gender identity is part of personal identity and for some people does not correspond with their biological sex) 	Coram Life Education - 'The Belonging Toolkit', Changing Faces - A World of Difference PSHE Association - Personal identity
		about stereotypes and how they are not always accurate, and can negatively influence behaviours and attitudes towards others how to challenge stereotypes and assumptions about others	To the substitution of the substitution