Year 5 Autumn 1

What makes up a person's identity?

Theme: Health and wellbeing

Identity, personal attributes and qualities; similarities and differences; individuality; stereotypes

PoS Core theme 1 Health and wellbeing	Core theme 2 Relationships	Core theme 3 Living in the wider world
Ourselves growing and changing H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes) H26. that for some people gender identity does not correspond with their biological sex H27. to recognise their individuality and personal qualities	Safer relationships R23. about why someone may behave differently online, including pretending to be someone they are not; strategies for recognising risks, harmful content and contact; how to report concerns Respecting self and other R32. about respecting the differences and similarities between people and recognising what they have in	Communities L9. about stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes
	common with others e.g. physically, in personality or background	

Prior Learning:

Y4 Autumn 1 What strengths, skills and interests do we have?

End points :-

- how to recognise and respect similarities and differences between people and what they have in common with others
- that there are a range of factors that contribute to a person's identity (e.g. ethnicity, family, faith, culture, gender, hobbies, likes/dislikes)
- how individuality and personal qualities make up someone's identity (including that gender identity is part of personal identity and for some people does not correspond with their biological sex)
- about stereotypes and how they are not always accurate, and can negatively influence behaviours and attitudes towards others
- how to challenge stereotypes and assumptions about others

Key vocabulary

Ethnicity, faith, culture, gender, individuality, stereotypes, assumptions

Relationship education, relationships and Sex education RSE and Health education statutory guidance

https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education



Relationship Education – graduated age appropriate programme links

Relationship Respectful relationships

Pupils should know

Importance of respecting others, even when they are very different from them – physically, character, personality, backgrounds, make different choices or have different preferences or beliefs

What a stereotype is, and how stereotypes can be unfair, negative or destructive

Citizenship	Character Education –	British values Rule of Law	Careers Curriculum
	Penketh Powers Resilience	Tolerance and respect	
	Responsibility	Democracy	
	Respectfulness Kindness:	Individual Liberty	
	Penketh School expectations	Protected Characteristics Equality	
	Listen,	Act	
	Do as asked		
	Work well with others		
	Be the best you can be		

Spiritual	Moral	Social	Cultural
ability to be reflective	ability to recognise the	use of a range of social	understanding and
about their own	difference between	skills in different	appreciate the range of
beliefs (religious or	right and wrong and to	contexts, for example	cultural influences that
otherwise) and	readily apply this	working and socialising	have shaped their own
perspective on life	understanding in their	with other pupils, from	heritage and that of
knowledge of, and	own lives, recognise	different religious,	others
into Wicage oi, and	legal boundaries and,	ethnic and socio-	

respect for, different in so doing, respect the economic backgrounds understanding and people's faiths, civil and criminal law of appreciate the range of willingness to feelings and values **England** different cultures as an participate in a variety essential element of sense of enjoyment of communities and understanding of the their preparation for and fascination in social settings, consequences of their life in modern Britain learning about behaviour and actions including by themselves, others volunteering, ability to recognise, interest in and the world around and value, the things cooperating well with investigating and them others and being able we share in common offering reasoned to resolve conflicts across cultural, views about moral and use of imagination and effectively religious, ethnic and creativity in their ethical issues and socio-economic learning ability to understand acceptance and communities engagement with the and appreciate the willingness to reflect viewpoints of others on fundamental British knowledge of Britain's on their experiences these issues values democratic parliamentary system and its role in shaping history and values, and continuing to develop willingness to participate positively to artistic, musical, sporting and cultural opportunities interest in exploring, improving understanding and respect for different faiths and cultural diversity and to understand, accept and respect diversity.

Sequence of lesson to follow Lesson Plans and resources DfE approved

Email: penketh.head@wpat.uk

Password: penketh22!

https://pshe-association.org.uk/ hcms/mem/login?hsLang=en

Build your programme (pshe-association.org.uk)

PSHE Association power points, resources linked to topic – click on the purple links to download

NB: You will need to be logged in to the PSHE Association to access resources

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Autumn 1 What makes up	Health and wellbeing Identity: personal attributes and qualities:	how to recognise and respect similarities and differences between people and what they have in common with others	PSHE Association - Inclusion, belonging and addressing extremism
our identity?	similarities and differences; individuality; stereotypes	 that there are a range of factors that contribute to a person's identity (e.g. ethnicity, family, faith, culture, gender, hobbies, likes/dislikes) 	Premier League Primary Stars - Developing value
	PoS refs: H25, H26, H27, R32, L9	 how individuality and personal qualities make up someone's identity (including that gender identity is part of personal identity and for some people does not correspond with their biological sex) 	Coram Life Education - 'The Belonging Toolkit', Changing Faces - A World of Difference PSHE Association - Personal identity
		 about stereotypes and how they are not always accurate, and can negatively influence behaviours and attitudes towards others 	
		 how to challenge stereotypes and assumptions about others 	